"Thoughts should be impulsive, don't you think"

I use a lot of psychology in my work with a few hidden messages in there too, are they a reflection of me or my life, perhaps to some extent yes but not always. I don't sit down and plan a painting with diagrams and poetry I have a quick idea of what I want and form my shapes around that. I suppose you could say my work is automatic in nature from deep within my mind. Feelings are also important in my work and the colours reflect them almost like they choose themselves .No two people are exactly the same when it comes to the mind,the mind has many different variations from person to person many years of thought feelings and apprehension. I'm interested in mental health how broken minds can find and see new pathways a different blueprint or a cracked reality. What would it feel like, being in the mind of real insanity what does it take to get there. I think pure insanity would take my work to the next level,would I want to come back if I got There, maybe. After this you may see my work differently .I hope you enjoy what I do, I never get bored of painting, you never stop learning as an artist. We are all qualified students really.

Paul burke 2016